

100% Grass Fed Angus Beef

Raised Using Organic Farming Practices

Healthy and Delicious



Our beef comes from happy, healthy animals, supports a local, sustainable, family farm, and tastes amazing. Our cows are rotationally grazed through lush pastures and are supplemented only with certified organic mineral and salt. Recent research has shown that grass-fed beef is low in saturated fat, high in minerals such as calcium and magnesium, and high in cancer-fighting CLA's and omega-3 fatty acids. Although our farm is not certified organic, we always use organic farming practices and **never use any hormones, antibiotics, GMO's, toxic chemicals, or feedlots.** Know your farmer, love your food!

Order Options

Lean Hamburger (1# packages): **10 Pounds:** 75.00 **20 Pounds:** 145.00 **40 Pounds:** 280.00

25 Pound Mixed Pack: 200.00

*Steaks: 4# -- Roasts: 7# -- Stew Meat: 1#
Lean Hamburger: 11# -- Meaty Soup Bones: 2#*

40 Pound Family Pack: 320.00

*Steaks: 5# -- 1 Roast -- Lean Hamburger: 30#
1 Package Stew Meat*

50 Pound Mixed Pack: 375.00

*Steaks: 7# -- Roasts: 14# -- Stew Meat: 3#
Lean Hamburger: 23# -- Meaty Soup Bones: 3#*

60 Pound Family Pack: 450.00

*Steaks: 10# -- 2 Roasts -- Lean Hamburger: 41#
2 Packages Stew Meat*

75 Pound Mixed Pack: 550.00

*Steaks: 10# -- Short Ribs: 3# -- Roasts: 18#
Stew meat: 5# -- Lean Hamburger: 34#
Meaty Soup Bones: 5#s*

80 Pound Family Pack: 580.00

*Steaks: 15# -- 3 Roasts -- Lean Hamburger: 52#
3 Packages Stew Meat*

100 Pound Mixed Pack: 700.00

*Steaks: 14# -- Short Ribs: 5# -- Roasts: 24#
Stew Meat 5# -- Lean Hamburger: 47#
Meaty Soup Bones: 5#*

35 Pound Grill Lover's Pack: 375.00

Lean Hamburger: 25# -- Steak: 10#

Sampler Pack: 1 pack steaks, 3#burger: 38.00

Meat Lover's Pack: ½ a cow

Approximately 150# packaged to your specifications, \$6.50/# packaged weight

LAMB: chops, legs, ground, stew, \$14/#

Available in ½ lambs, approximately 10-15#
Seasonally pastured, Icelandic lamb is mild tasting and delicious

Name _____

Address _____

Email Address _____

Phone _____



Please Circle your Order:

10# **Hamburger** (75.)

40# **Family Pack** (320.)

Lamb:

20 # **Hamburger** (145.)

60# **Family Pack** (450.)

_____ 1/2 lamb (\$14/#)

40# **Hamburger** (280.)

80# **Family Pack** (580.)

25# **Mixed Pack** (200.)

35# **Grill Lovers Pack** (375.)

50# **Mixed Pack** (375.)

4# **Sampler Pack** (38.)

75# **Mixed Pack** (550.)

100# **Mixed Pack** (700.)

½ a cow (final price determined by weight, approx. 150#, 6.50/# packaged weight)

Whole cow (final price determined by weight, approx. 300#, 6.25/# packaged weight)

Price of TOTAL ORDER _____

Please call or text (608)790-0155 or email anakateskemp@gmail.com or message us on Facebook, Deep Roots Community Farm, to reserve your order. Please confirm your order by circling what you want and returning this form, along with a \$100 deposit, to: **Deep Roots Community Farm,** W4406 County Road YY La Crosse, WI 54601. OR go to our website www.deeprootscommunityfarm.com and click on the buy beef link. Thanks so much for your order!